



Rape Crisis North East Annual Report 2020

Counselling & Support Service

for Female and Male Survivors of Rape and Sexual Abuse

Based in Dundalk, Castleblayney and Drogheda. Covering Louth,
Meath, Monaghan, Cavan and surrounding areas.

Freephone Confidential Helpline:
1800 21 21 22

Be Heard
www.rcne.ie

Charity No. 11972
Registered Charity
Number: 20034115





2020 Annual Report

Table of Contents	Page Number
Table of Contents.....	1-1
Services of RCNE.....	2-2
Chairperson & Manager's Report	3-5
Key Statistics.....	6-6
Key Statistics Breakdown.....	7-8
Profile of RCNE.....	9-9
RCNE Vision & Mission Statement.....	10-10
Counselling & Support.....	11-12
➤ Survivors & Supporters.....	13-13
➤ Gender, Age & Location of Survivors.....	14-16
➤ When Sexual Violence was Perpetrated.....	17-17
➤ Types of Sexual Violence.....	17-18
➤ Types of Other Violence.....	18-18
➤ Relationship of Perpetrator to Survivor.....	19-19
➤ Child Sexual Violence	19-20
Helpline Counselling Support.....	21-26
Other Key Organisational Activities & Development Projects	
➤ Training & Development.....	27-31
➤ Fundraising Events and Grants Received.....	32-34
➤ Social Media & Awareness Raising.....	34-36
Governance.....	37-37
Contact Details.....	38-38

Rape Crisis North East Services

Crisis support and intervention

Individual counselling & therapy for young people, boys and girls from 12 years of age

Individual counselling and therapy for adults male and female

Support groups for survivors of sexual violence

Help for family and friends of survivors

Practical information and support

Court attendance accompaniment

Victim Impact Statement support service

Health service accompaniment

Training and educational programmes

Community outreach

Talks and information

Awareness raising

Chairperson & Manager's Message

The impact of the COVID-19 pandemic is being felt in every walk of life. 2020 was a challenging year for Rape Crisis North East due to significant COVID-19 related disruption and the destructive impact it had and is still having on our centre. The boards overarching priority was and still is in the Health and Safety of our employees, our volunteers and our clients.

In 2020 we operated in accordance with the pandemic management policies of National and Local Governments and the Health Service Executive. We put in place robust policies and 'Safety' practices to ensure a safe work environment for all who enter our centre.

2020's annual report reflects on what RCNE has been through and how the COVID-19 measures have affected us.

The cancellation of so many fundraising events during 2020 has led to an 'acute funding shortfall; for RCNE. This loss of income will have a significant impact on Rape Crisis North East's finances resulting in the possibility of accumulating a large deficit going forward into 2022. In tandem with this deficit, our charity which provides support and counselling to people from across the North East, has faced a surge in demand for its services.

Over 3,388 contacts were made with the RCNE Helpline, 1,632 appointments offered to clients, a significant increase on previous years, and at a time when the charity faced a sharp fall in funds.

Our local confidential helpline which for many is the first port of call, has been a lifeline for many survivors of rape and sexual violence across Louth, Meath, Monaghan and Cavan during the darkest and most challenging of times over the past year. This service is supported by a team of dedicated volunteers and staff, who give their time so generously to ensure the helpline service is maintained. We endeavour to continue to expand and to provide this essential service to accommodate survivors, supporters, professionals, and all who require our freephone confidential helpline.

The COVID-19 pandemic has had a huge toll on our organisation and the clients we serve. COVID-19 has meant that the services that people need has changed with counsellors working remotely over social media platforms such as zoom and over the telephone. Counsellors have been flexible in the way they work ensuring they are meeting the needs of clients by working around client times where possible. Sincere thanks are extended to the excellent leadership of the Centre Manager Grace McArdle, and the dedicated staff of the centre who continue to provide a professional and caring service to their clients during such challenging and unprecedented times.

The support we have received since the arrival of COVID-19 in Ireland has been nothing short of exceptional. From our core funders Tusla, our successful grant applications, local businesses, community groups and individuals all of whom we thank most sincerely.

Throughout the COVID-19 pandemic, RCNE continued our commitment to ensuring compliancy with the Charities Regulatory Authorities and the Governance Code. Our Board is committed to maintaining the highest standards and I am proud to be involved in an organisation that prioritises good governance, transparency and accountability.

RCNE accounts are presented in the preferred format of the Charity Regulatory Authority which are presented in the Charity SORP (Statement of Recommended Practice) format. RCNE has also adopted the Governance Code for Voluntary Organisations along with signing up to the Principals of Good Fundraising.

The board and management with the support and guidance from RCNI continue to actively work on the Governance Code Compliancy Document as well as organisational policies and procedures. We have compiled a Governance Code Checklist, listing each of our policies that are current and up to date along with identifying policies that may need updated and new policies that may be relevant. This policy checklist is reviewed and updated by the board at our board meetings on a regular basis.

Because we are a CLG we have an obligation to comply according to the CRO to the Register of Beneficial Ownership. This has come as part of the latest EU directive on Anti-Money Laundering (AML) and requires that all companies will need to maintain a register of what are termed 'beneficial owners' and submit the relevant information to the Registrar of Companies that is operating the new system.

RCNE centre remains committed to the execution of our five year strategic plan, and we continue to work towards our vision and our mission statement:

Our vision: 'to offer timely & accessible support to survivors of all forms of sexual violence and sexual abuse'.

Our mission: 'to offer a safe, nurturing space to survivors of sexual violence and abuse, where rights to dignity and freedom are valued; and through awareness raising and education, challenges society to change in order to create a safer environment for all'.

We would like to thank all our Board members for their commitment, skills and ongoing engagement. They give their time and energy freely and with great enthusiasm. The organization benefits significantly from their insights and expertise.

In 2020 two trustees resigned from the board, Pat Flynn and our Secretary and Treasurer Geraldine Minogue. I would like to acknowledge their dedication and excellent contribution while on the board while at the same time I would like to welcome our new trustee Maeve Ahern appointed in January 2021.

Regrettably, Rape Crisis Centre's employees and their families and friends have been impacted by COVID-19 with a number suffering adverse outcomes, including tragically bereavement. The board offers its deepest sympathy to anyone involved with the centre and their families who have lost loved ones.

Reflecting back, if we had thought this time last March that we would still be in this situation 12 months on, there would have been a fear of burn out. But we got through it, with the levels and varying stages of restrictions which gave us all hope; while at the same time, ensuring the continuation of high levels of professional supports and services to our clients.

Frank McDonnell
Chairperson

Grace McArdle
Manager

MEMBERS OF THE BOARD OF DIRECTORS 2020

Frank McDonnell (Chairperson), Geraldine Minogue (Treasurer & Secretary – Resigned 2020), Pat Flynn – Resigned 2020, Conor McCaughley, Dr. Kathleen Nallen, Dr. Anita Byrne, Cllr. Michelle Hall, Kevin McParland.

2020 KEY STATISTICS

**3,388 Helpline
Contacts**

100 New Clients

**1,632 Appointments
Offered**

**80.14% of
Appointments Dundalk**

**6.08% of
Appointments
Drogheda**

**13.78% of
Appointments
Castleblayney**

**8.70% of Perpetrators
were Strangers**

**91.30% of Perpetrators
knew Survivor**

**92% of Clients were
Survivors**

**8% of Clients were
Supporters**

**39% of Survivors
Reported Sexual
Violence to the Gardaí**

RAPE CRISIS NORTH EAST**2020 STATISTICS****HELPLINE CALLS**

3,388 Helpline Calls

- 92.65% of contacts were female
- 7.34% of contacts were male

ONE-TO-ONE COUNSELLING APPOINTMENTS

100 New Clients

- 92% Female Clients
- 8% Male Clients

1,632 face to face counselling appointments offered.

LOCATION OF COUNSELLING

- 80.14% of appointments were offered in Dundalk
- 6.08% of appointments were offered in Drogheda
- 13.78% of appointments were offered in Castleblaney

SURVIVOR / SUPPORTER

- 92% of clients were survivors
- 8% of clients were supporters

TEENAGE COUNSELLING

19.56% of survivors attending RCNE for counselling were under 18 years of age.

RELATIONSHIP OF PERPETRATOR TO SURVIVOR

- 91.30% of perpetrators were known to the survivor
- 8.70% of perpetrators were strangers.

REPORTING THE SEXUAL VIOLENCE

39.13% of survivors reported the sexual violence to the police.





Rape Crisis North East Profile

Rape Crisis North East provides a unique and specialised counselling and support service for women, men, boys and girls who have suffered as a result of sexual violence.

Based in Dundalk with a Rape Crisis service in Drogheda and Castleblayney, Rape Crisis North East provides a range of intervention supports to survivors of sexual violence within Louth, Meath, Monaghan and Cavan. Supports available include a freephone confidential helpline support, advocacy, information, educational outreach, accompaniment to the courts, medical services and Gardaí, face to face counselling and crisis intervention.

Rape Crisis North East is the only specialist service available to those who have been traumatised by Child Sexual Abuse, Sexual Harassment, Sexual Assault and Rape within the entire North East Region.



RCNE Vision

The Vision of Rape Crisis North East is to offer timely & accessible support to survivors of all forms of sexual violence and sexual abuse.

RCNE Mission Statement

RAPE CRISIS NORTH EAST offers a safe, nurturing space to survivors of sexual violence and abuse, where rights to dignity and freedom are valued; and through awareness raising and education, challenges society to change in order to create a safer environment for all.

Counselling at Rape Crisis North East

**Cherrywood Counselling Centre
in the Great Northern
Distillery Offices
Carrick Road
Dundalk
Co. Louth**

Very Private location, in an established
practice in the centre of Dundalk.
Suitably located beside Dundalk train
station and other transport facilities.
Board/ training room
& Free Car Parking.



Contact:

Cherrywood Counselling Centre
Rape Crisis North East
Freephone Confidential Helpline

Tel: 042 938 58 98

Tel: 042 933 9491

Tel: 1800 21 21 22

Counselling & Support



At certain times in our lives, we all encounter difficult or challenging situations, and it helps to have someone to talk to. Friends and family can be supportive yet occasionally we may need someone with more skills to talk to.

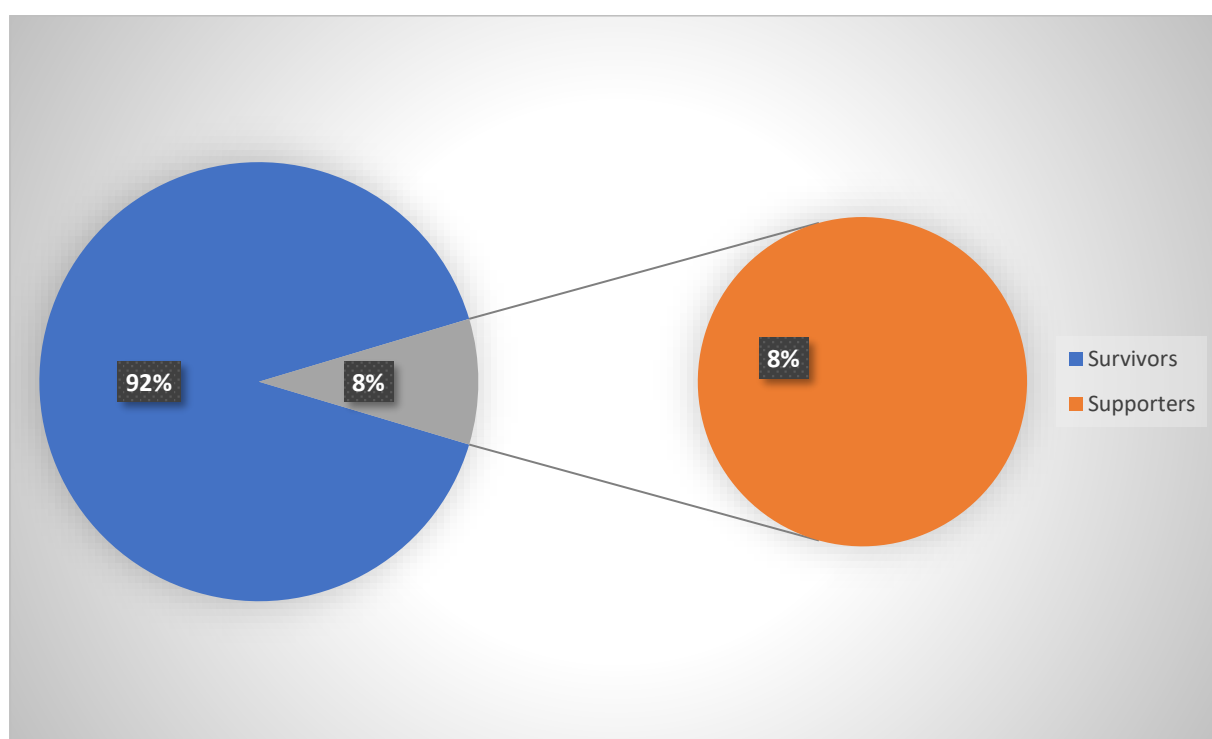
Rape Crisis North East have qualified, experienced professional counsellors specialising in the field of sexual violence. RCNE counsellors will listen carefully without judging. The relationship between a counsellor and client is confidential and is based on respect and trust. The counsellor will listen attentively and patiently and will help survivors of rape and sexual violence find solutions that are realistic and workable.

In 2020 the number of people who attended Rape Crisis North East service for counselling came to 100 and were offered 1,632 counselling hours. 92% clients were survivors and 8% clients were supporters.

RCNE counsellors offered crisis counselling and long-term therapy in Rape Crisis North East centres located in Dundalk, Drogheda and Castleblaney.

Survivors & supporters who attended RCNE in 2020

Graph 1: Survivors & supporters (%) n = 100

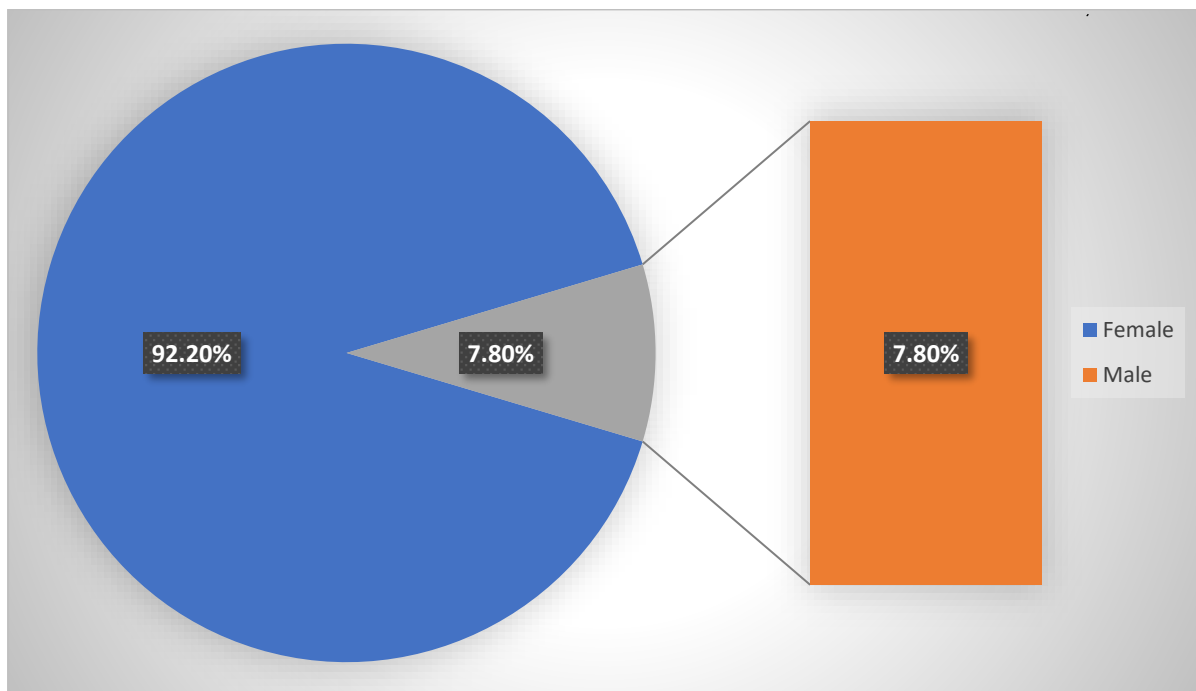


Of the 100 clients attending Rape Crisis North East for counselling and support (Graph 1):

- 92% of clients were survivors; and
- 8% of clients were supporters.

Gender of survivors

Graph 2: Gender of survivors & supporters (%) n = 100

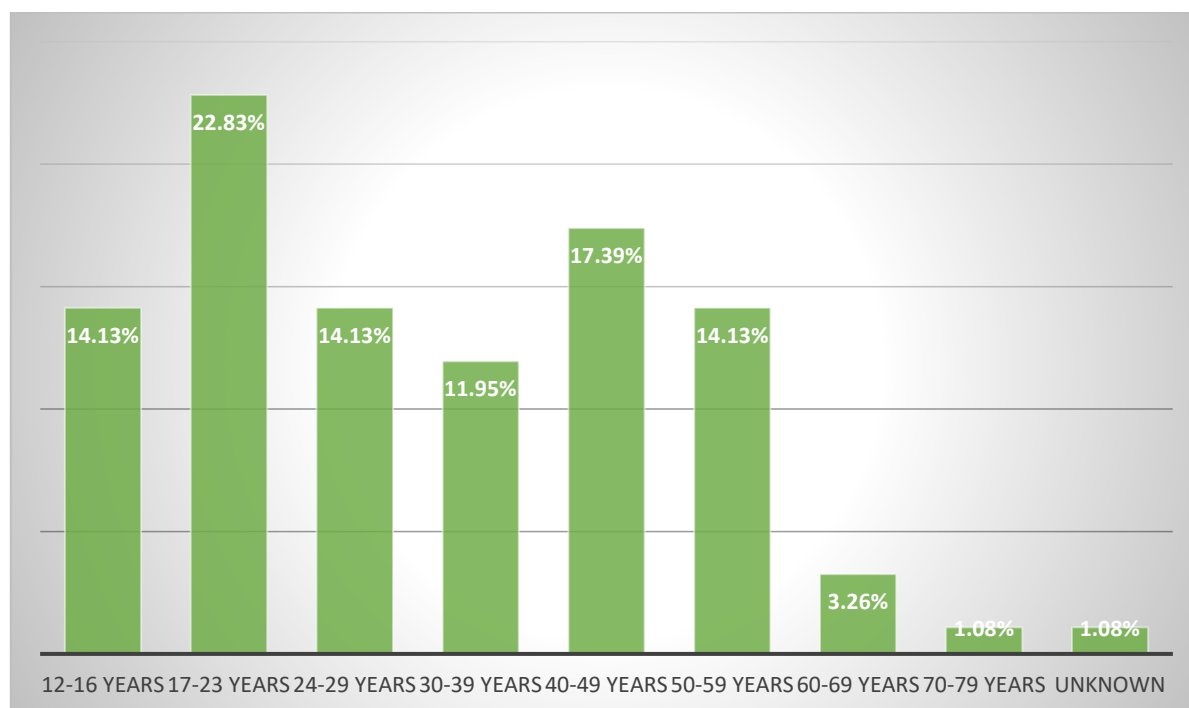


Of the 100 survivors and supporters of sexual violence who attended Rape Crisis North East for counselling and support in 2020 (Graph 2):

- 92.20% were female; and
- 7.80% were male.

Age of survivors

Graph 3: Age of survivors (%) n = 92

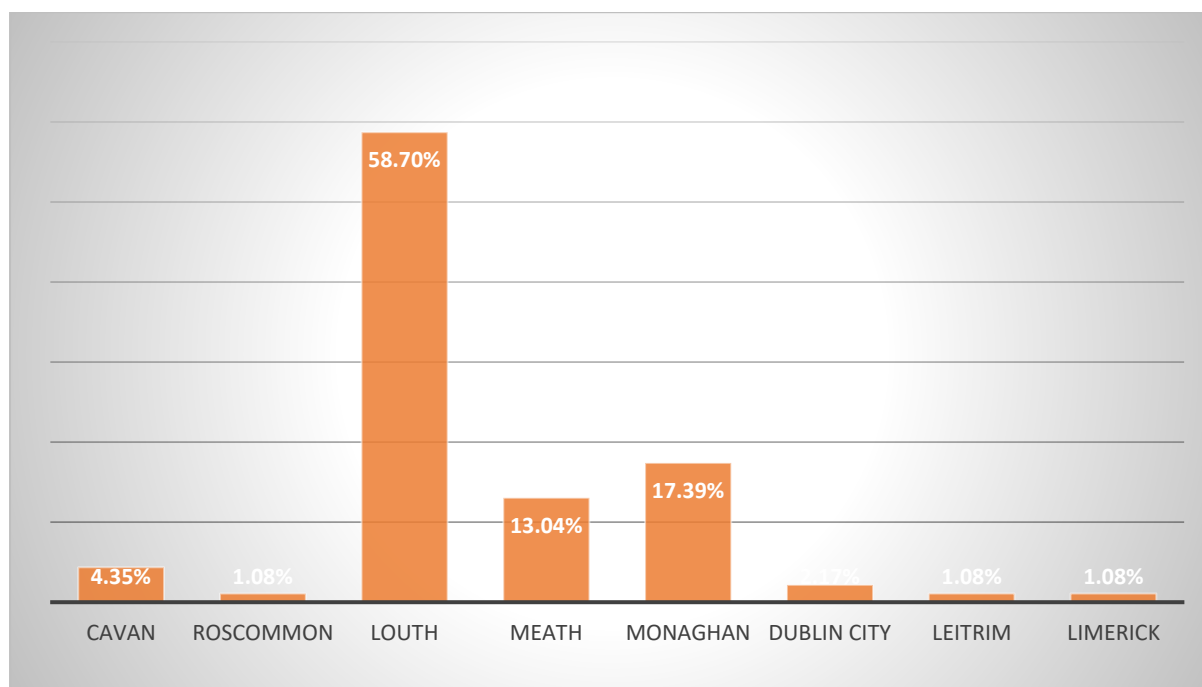


Graph 3 illustrates the age group of survivors attending RCNE. We see that:

- 17.39% of survivors attending RCNE for one-to-one counselling were between the ages 40-49;
- 22.83% of survivors attending RCNE or one-to-one counselling were between the ages 17-23;
- Those aged between 30-39 accounted for 11.95% of clients in receipt of counselling support;
- 14.13% of survivors attending RCNE for one-to-one counselling were between the ages of 24-29;
- 14.13% of survivors who received one-to-one counselling support were between the ages of 50 to 59;
- 14.13% of survivors attending RCNE for one-to-one counselling were between the ages of 12 to 16 years of age.
- 3.26% of survivors were between 60 - 69 when attending RCNE for counselling support;
- 1.08% of survivors were between 70-79 when attending RCNE for counselling support.

Location of survivors

Graph 4: Geographical location of survivors (%) N = 92

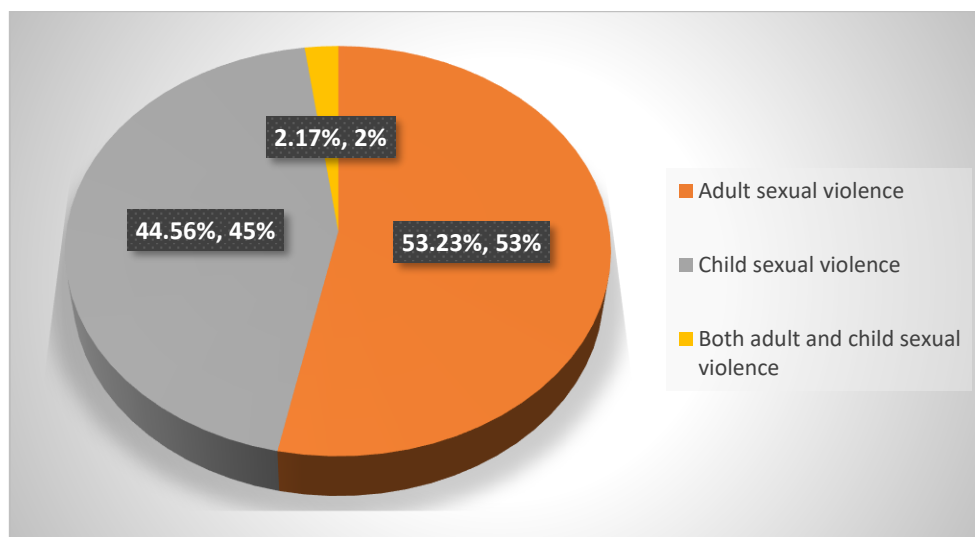


In Graph 4 we see that:

- 58.70% of survivors attending Rape Crisis North East for one-to-one counselling support in 2019 are from Co. Louth;
- 13.04% of survivors attending Rape Crisis North East for one-to-one counselling support in 2019 are from Co. Meath;
- 17.39% of survivors attending Rape Crisis North East for one-to-one counselling support in 2019 are from Co. Monaghan.

When the sexual violence was perpetrated

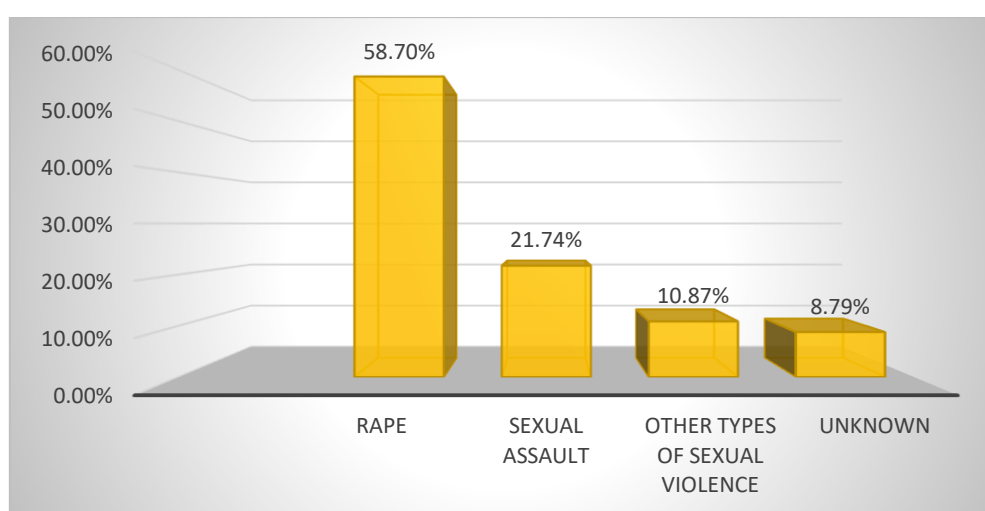
Graph 5: When the sexual violence was perpetrated for Female and Male Survivors (%)
N = 92



44.56% of people attending Rape Crisis North East experienced sexual violence or abuse under the age of 18 years. This chart clearly shows that all age groups are at risk of sexual violence, abuse and sexual assault. However, some emerge as more high risk than others. Children and teenagers are shown again to be highly vulnerable to sexual violence as is reflected in worldwide statistics.

Types of sexual violence

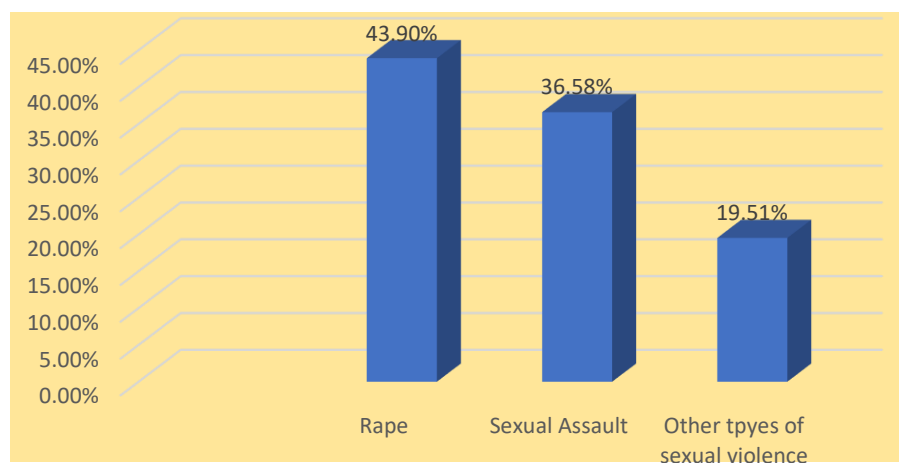
Graph 6: Nature of abuse reported by female and male survivors of RCNE (%) N = 92



2020 statistics show in graph 6 that rape is the most commonly reported form of violence experienced in both child sexual abuse and adult sexual violence reported by RCNE survivors.

Type of sexual violence – Survivors of child sexual violence

Graph 7: Type of sexual violence perpetrated against survivors of child sexual violence (%) N = 41

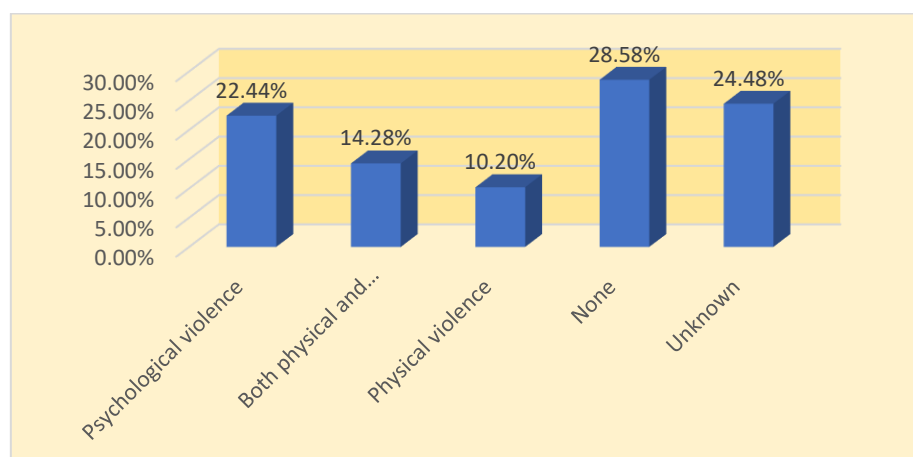


Types of other violence

Survivors of sexual violence

RCNE data show that sexual violence does not usually occur in isolation. Instead it is usually combined with other types of violence. 46.92% of adult survivors attending RCNE in 2020 disclosed that they were subjected to other forms of violence along with sexual violence including both physical and emotional psychological violence. Other forms of violence include amongst others: neglect, harassment/intimidation, stalking, imprisonment and attempts to kill.

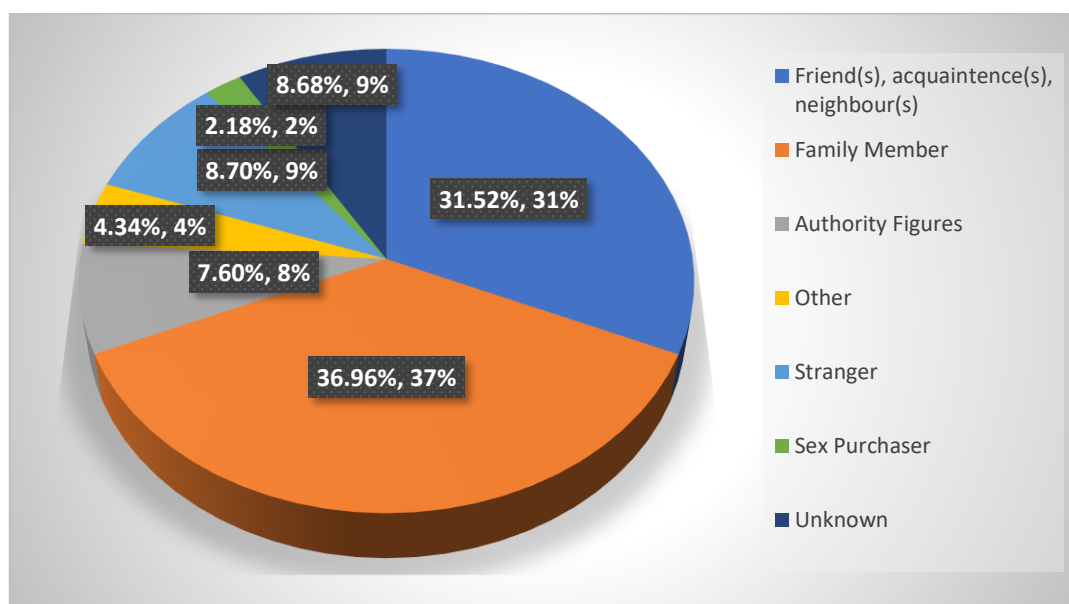
Graph 8: Other violence perpetrated against adult survivors (%) N = 49



As graph 8 illustrates survivors of sexual violence are subjected to different types of violence along with the sexual violence.

Relationship of perpetrator to survivor

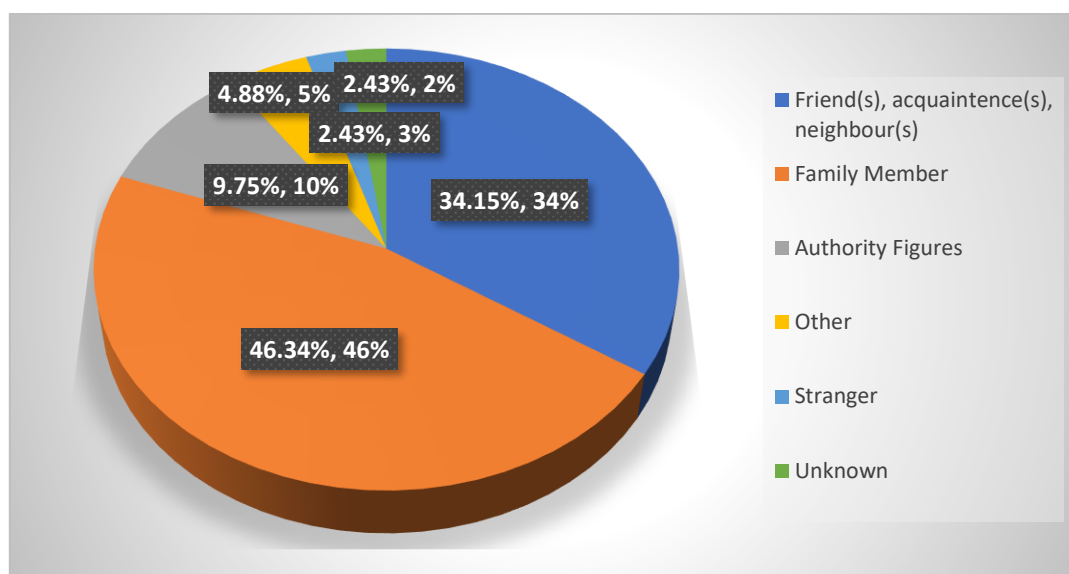
Graph 9: Survivors of sexual violence, relationship to perpetrator (%) N = 108



What is clearly evident in graph 9 is that in over 76.08% of cases the perpetrator was a known and trusted person in the survivor's life. 8.70% of sexual violence was caused by a stranger.

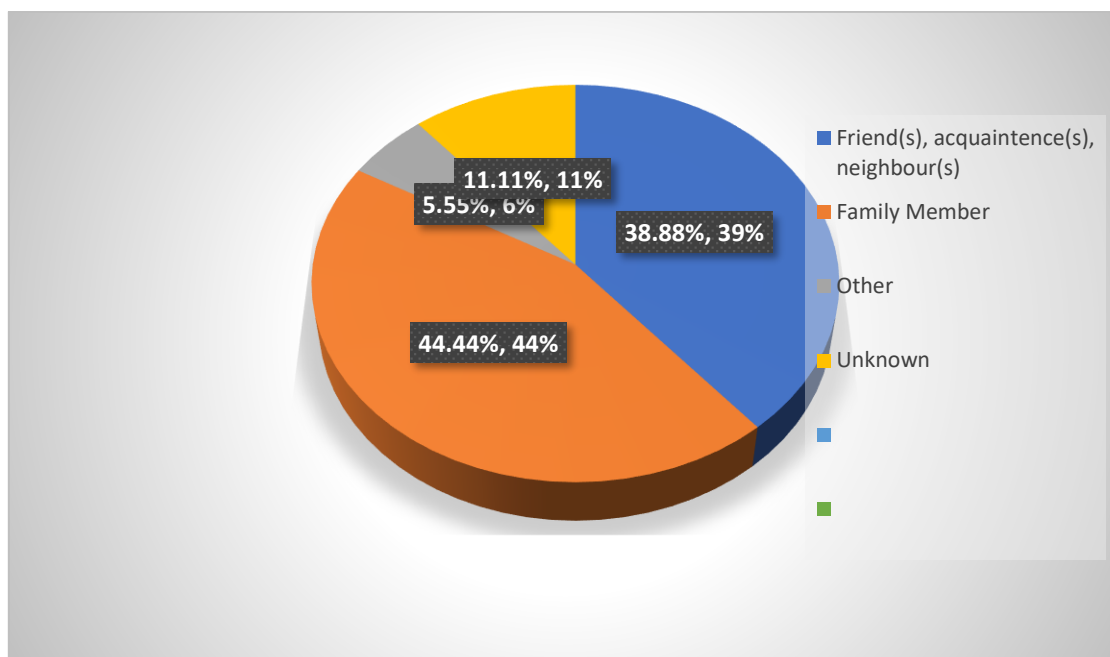
Child Sexual Violence

Graph 10: Relationship to perpetrator of child sexual violence (%) N = 41

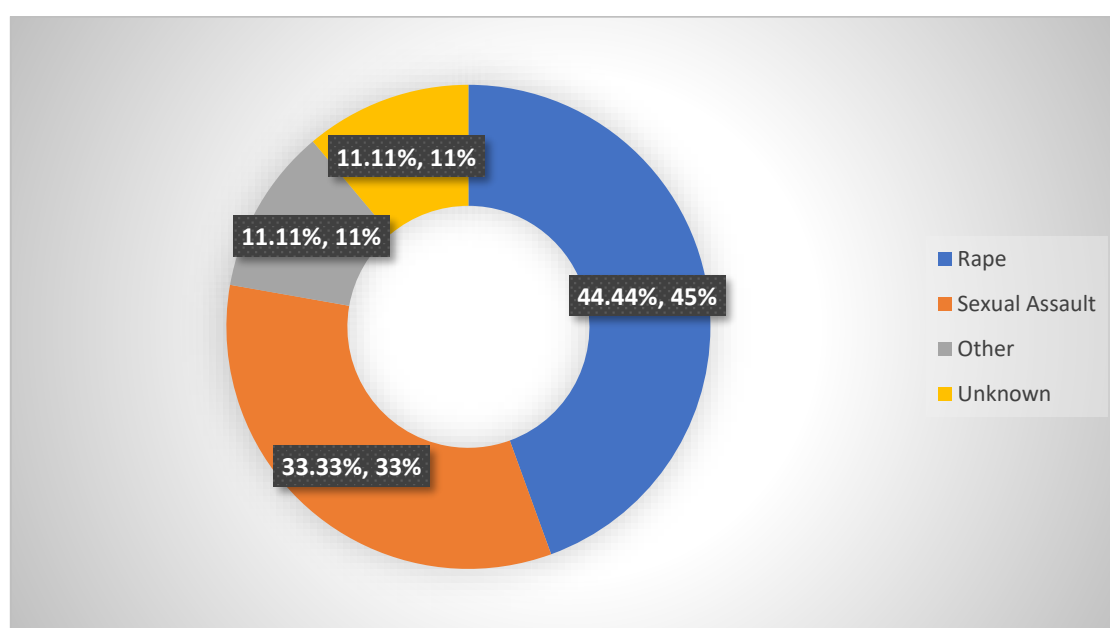


Female survivor of child sexual abuse

Graph 11: Relationship to perpetrator disclosed by survivors under the age of 18 (%)
N = 18



Graph 12: Nature of abuse reported by survivors under 18 years of age to RCNE (%) N = 18

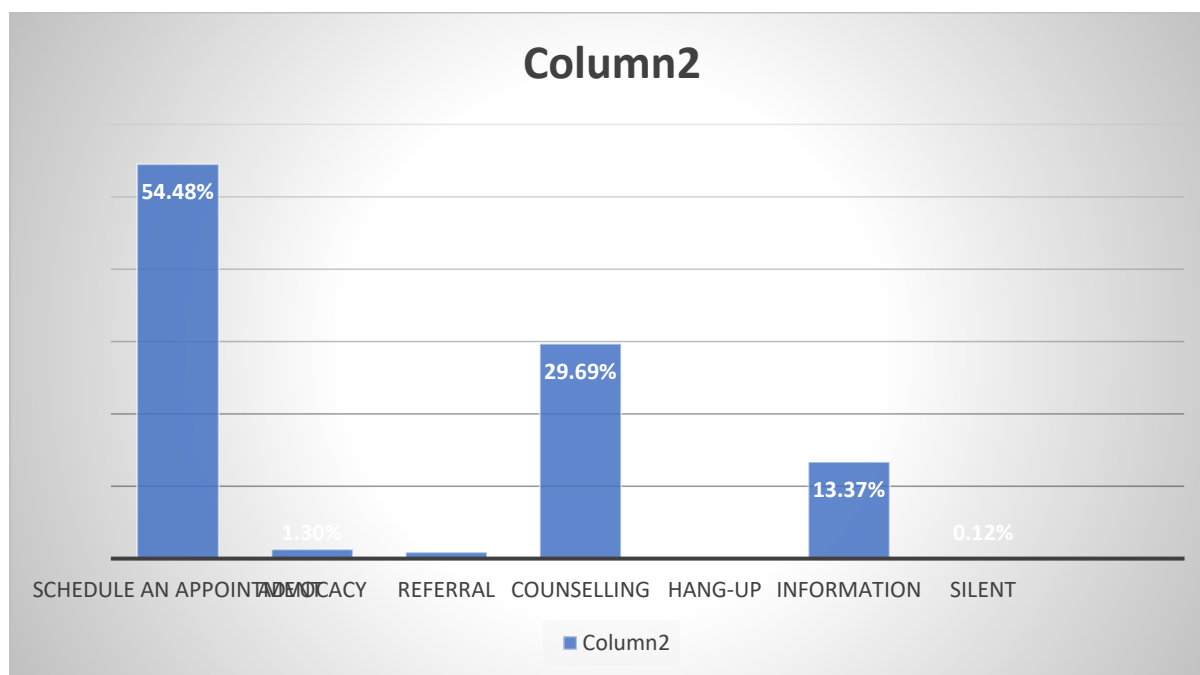


HELPLINE COUNSELLING

In 2020, 3,388 contacts were made to Rape Crisis North East Confidential Freephone Helpline.

Nature of helpline contact

Graph 13: Helpline nature of contact (%) N = 3,388

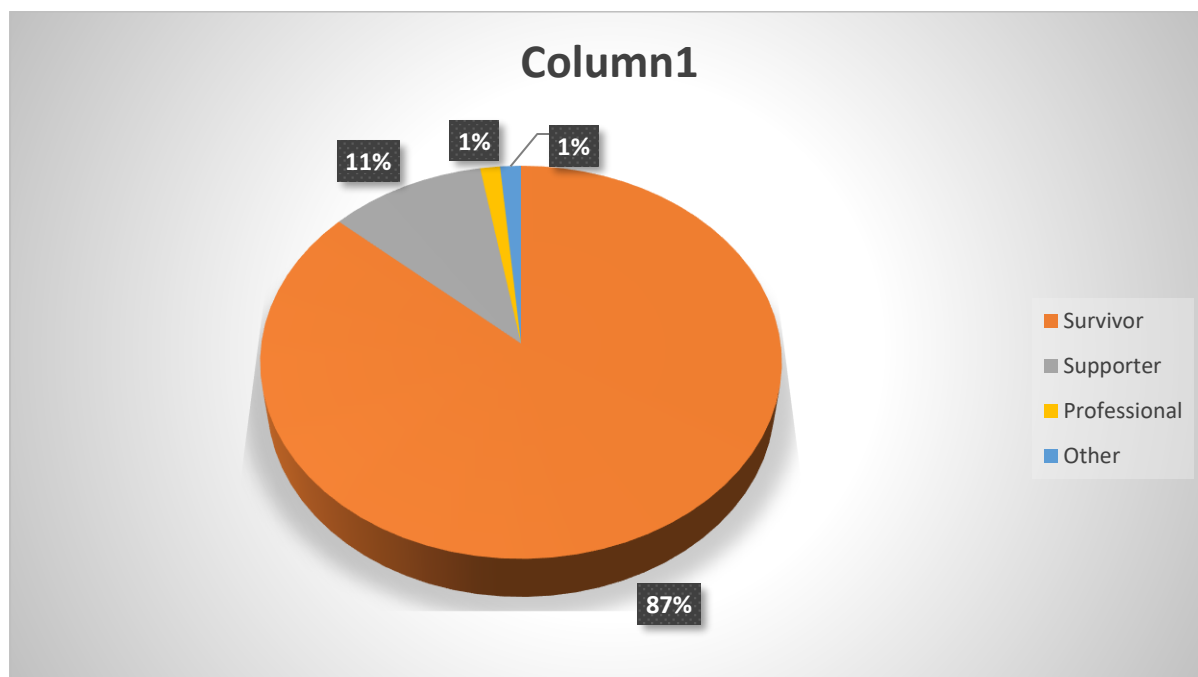


In graph 13 we see that:

- 29.69% made contact with Rape Crisis North East Helpline to receive counselling and support;
- 13.37% asked for information;
- Schedule an appointment was recorded as the main contact reason for 54.48% of contacts;
- 1.30% contacted RCNE helpline for Advocacy support
- 0.88% contacts to RCNE Helpline were for referrals;
- 0.12% of contacts were silent;
- 0.14% of contacts were hang ups.

Helpline caller type

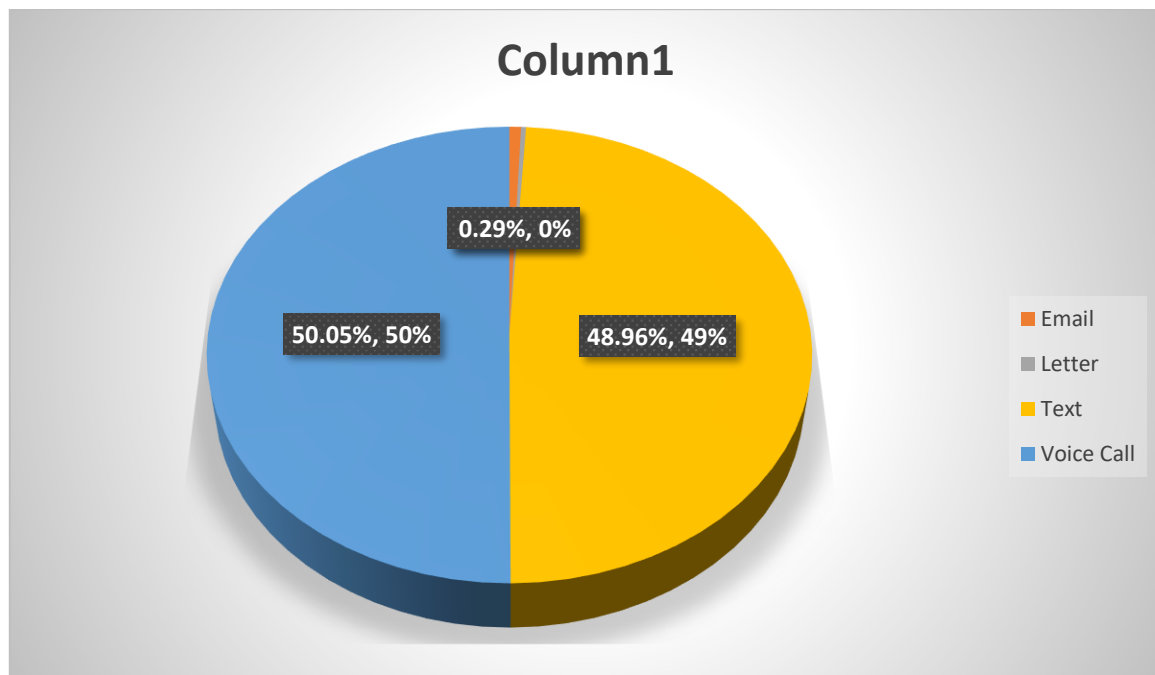
Graph 14: Helpline caller type (%) N = 3,388



Graph 14 illustrates that:

- The majority of people contacting RCNE Helpline were survivors of sexual violence (86.57%);
- Supporters of people who had been subjected to sexual violence accounted for 10.65%;
- 1.35% of those contacting the Helpline were from professionals, such as medical personnel, Gardaí, social workers, etc.;
- 1.41% of those contacting RCNE Helpline were from other sources.

Graph 15: Contact method (%) N = 3,388



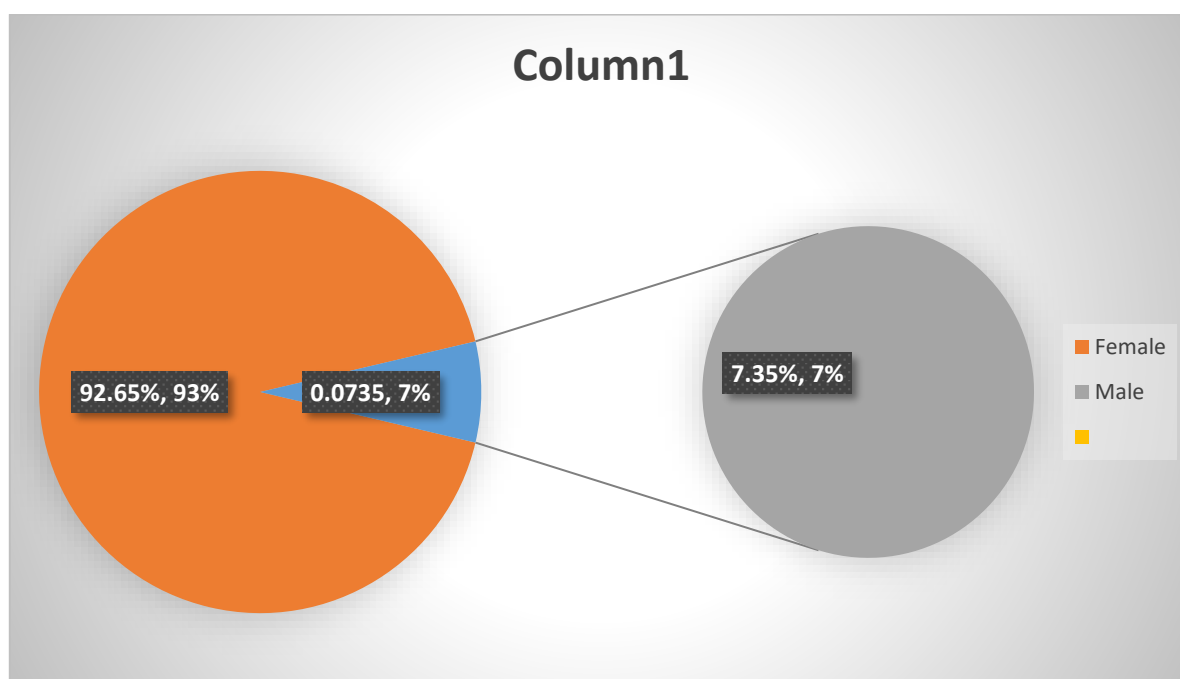
Graph 15 illustrates that:

- 50.05% of all helpline contacts are voice calls;
- 0.68% of helpline contacts are received by email;
- 0.29% of helpline contacts are received by letter;
- 48.96% of helpline contacts are received by text.

Graph 16: Caller Gender (%) N = 3,388

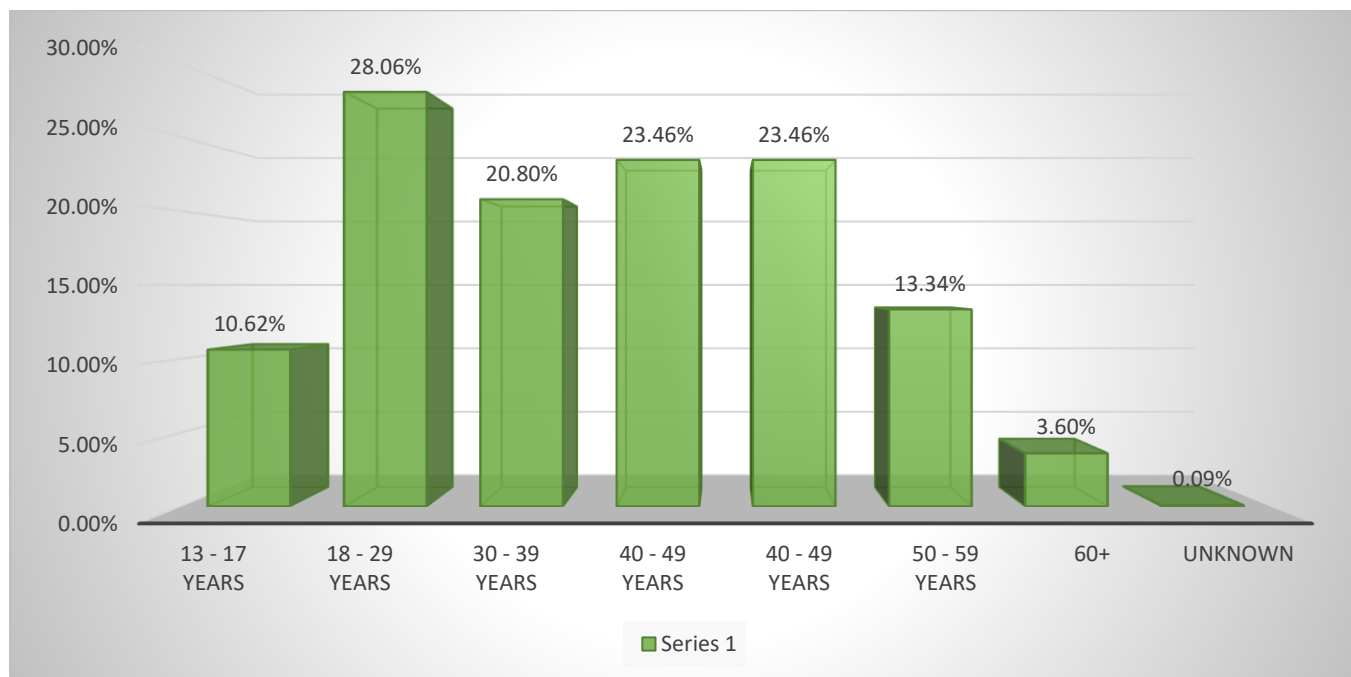
In graph 16 we see that:

- 92.65% of contacts were female
- 7.35% of contacts were male



Helpline caller age group

Graph 17: Caller Age Group (%) N = 3,388

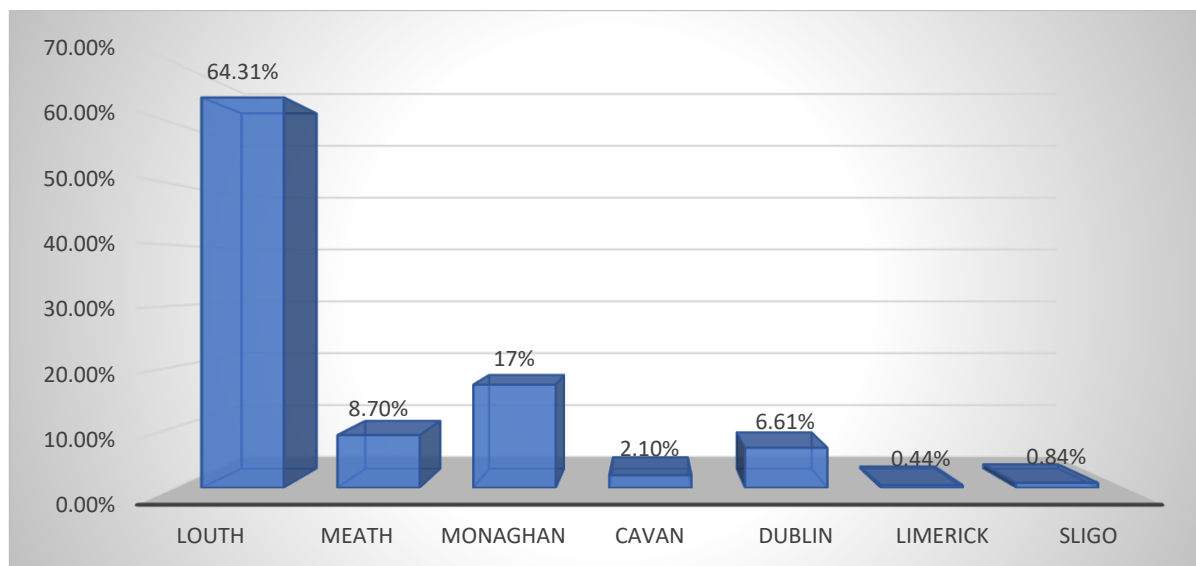


Graph 17 illustrates:

- 10.62% of helpline contacts were aged 13 – 17
- 28.06% of helpline contacts were aged 18 – 29
- 20.80% of helpline contacts were aged 30 - 39
- 23.46% of helpline contacts were aged 40 – 49
- 13.34% of helpline contacts were aged 50 – 59
- 3.60% of helpline contacts were aged 60+
- 0.088% age was unknown.

Geographical location of helpline caller

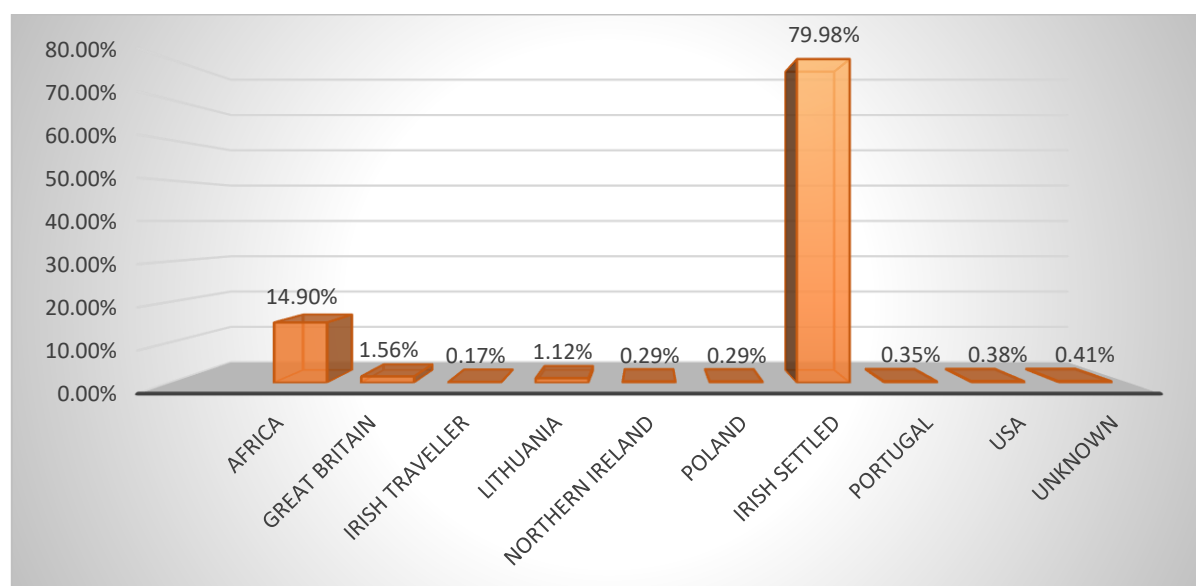
Graph 18: Caller location (%) N = 3,128



Graph 18 highlights that the majority of helpline calls in 2020 are from Louth (64.31%) followed by (17%) from Monaghan and 8.70% from Meath.

Caller country of origin

Graph 19: Caller country of origin (%) N = 3,128



Graph 19 illustrates that the majority of contacts country of origin are from Ireland (79.98%).

ORGANISATIONAL ACTIVITIES & EVENTS

TRAINING & ORGANISATIONAL DEVELOPMENT PROJECTS

a) Court and Garda Accompaniment

The Court and Garda Accompaniment training programme is organised by Rape Crisis Network Ireland (the representative and umbrella body for a number of Rape Crisis Centres) and is funded by the Commission for the Support of Victims of Crime which provides training to staff and volunteers to accompany clients to District, Circuit and Central Criminal Court appearances and Garda Interviews.

Support for clients within these programmes goes far beyond actual accompaniment on the day. Preparation for making a statement to the Gardaí or for attending a court case is rarely achieved in a single session, and counsellors ensure that the client is as prepared as possible for the psychological impact of the event. RCNI accompaniment training ensures that our accompaniment volunteers are fully equipped to provide appropriate support for survivors facing Garda interviews and court appearances.

As well as providing the best possible support for our clients, this accompaniment programme also has the positive effect of linking survivors to the wide range of other services provided for them by RCNE, ranging from support for family and friends, legal advice where necessary, to specialised individual counselling. The training also helps build relationships and improve communication with local Gardaí and Court Services, helping to increase understanding of the complexity of the issue for the victim, and helping to overcome any external resistance to the service.

b) Victim Impact Legal Training

The Victim Impact Training is organised by Rape Crisis Network Ireland and looks at the interaction between the victims of crime and the criminal justice system. RCC's may well be the victim's first port of call. Initially the victim may not feel comfortable going to the authorities. The taking of the initial complaint is a vital component in establishing a strong case for the prosecution and by having a trained volunteer accompanying a client to the relevant authorities provides a great support to the reporting victim.

c) The Fundamentals of Understanding and Responding to Domestic Abuse Training Programme.

RCNE continues to deliver a module on Sexual Abuse within 'The Fundamentals of Understanding and Responding to Domestic Abuse' training programme. The Programme is being led by the Department of Nursing, Midwifery & Health Studies, School of Health & Science in DKIT and has been developed in collaboration with key

individuals from a range of stakeholder groups. This includes Women's Aid, Dundalk, Drogheda Women's & Children Refuge Centre, Probation Service, Department of Social Work, Our Lady of Lourdes Hospital, Drogheda, Department of Midwifery, Our Lady of Lourdes Hospital, Drogheda. In addition to the stakeholder groups represented on the programme development team, guidance was also sought from An Garda Síochána. This is a Level 8 Qualification.

d) Post Graduate Cert Course – Issues of Sexual Violence, the Counselling Process

Mary Mooney and Sheena McKenna, RCNE counsellors, successfully completed this specialised training programme which provides them with necessary training to work with survivors of Rape and Sexual Violence.

e) Compliance Officer Awareness Training – COVID-19

The Compliance Officer Awareness Training was delivered online by ISAFE. This course was attended by the manager of RCNE, Grace McArdle, for Health and Safety Purposes during the COVID-19 Pandemic.

f) SATU CPD

Training took place on the 9th of October on the National Sexual Response Team Study over Zoom and was attended by RCNE Manager Grace McArdle.

g) Charities Regulator Governance Code Training

The Charities Regulator Governance Code Training took place over Zoom on Monday 23rd November 2020 and was attended by RCNE Manager, Grace McArdle. The purpose of this training is to help trustees to meet the core standards of the Charities Governance Code.

h) Manuela Riedo

The Manuela Riedo training programme came to an end in 2020. The success of the project was due to be celebrated in Dublin Castle in April 2020 but was postponed to 14th October to be held online due to COVID-19 Pandemic.

i) Boarder Needs Analysis Project

The Border NAPS group met in Dochas, Monaghan to commence the process of developing Rape Crisis Services in Cavan/Monaghan region. This project was postponed due to COVID-19 Pandemic.

Website Development & New Logo

A lot of time and effort went into developing our website over a number of months with Aura Internet Services. We now have a very contemporary and service enhancing website that is easy to manipulate and contains information on every aspect of the service along with news bulletins, donate options and useful links.

In 2020 RCNE took the decision to change their logo. Our new logo is represented by the 'Olive Tree', symbolising what RCNE represents to the clients and supporters that use our services and have used our service in the past.

Olive Tree - symbolising peace and friendship

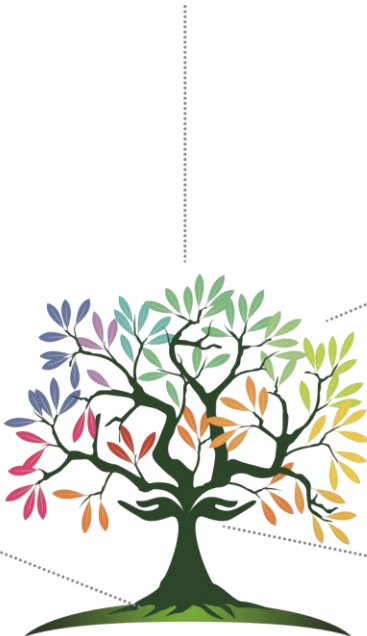
The squared off shape of the logo will fit into the FB profile

The roots on the tree symbolise support

Fresh bright inviting colours inspire hope

The bloom also represents brighter days

2 opened up welcoming, helping hands



Rape Crisis
NORTH EAST CLG

2020 saw the completion of decorating some of our counselling rooms.



Counselling for Young People



FUNDRAISING EVENTS & GRANTS RECEIVED

Andrea Corr Appeal

In 2020 we launched a **(Text the word CRISIS to 50300 to donate €4)** appeal narrated by Andrea Corr and posted the video on social media along with press releases to all local newspapers and radio in the North East. Posters were distributed in shops and garages and issued to our suppliers and to local companies in the North East. Despite several radio interviews, a lot of media coverage and enhanced awareness of the campaign and our services, it was not a financial success. It was November/December and we think that everyone was saturated with charities looking for money. We did however receive a number of donations via our website on foot of the campaign. We may revisit this again with a different celebrity and at a different time.

Fundraising Cycle for RCNE

Joe Kelly and Conor McCaughley from Cilles G4D & Lads had a fundraising cycle for Rape Crisis North East. They raised €3400 which was subsequently matched by Google raising a whopping €6800 for us. Conor, a director on our board, did us proud in 2020. RCNE would like to say a huge thank you to Conor, Joe and everyone who took part in this very important fundraising event in aid of RCNE.

Dundalk Institute of Technology

Dundalk Institute of Technology ran a virtual 10k run in 2020 and nominated Rape Crisis North East as one of their charity partners. They raised €2000 for the Centre co-ordinated by Derek Crilly.

RCNE would like to say a huge thank you to all those who registered and took part the DKIT 10k Virtual run. While taking part in this safe fundraising event, you are helping Rape Crisis North East to improve the care and support for our clients. It is because of you and your donations, we are able to keep going. Thank you!

FUNDING AGENCY

Our Core Funder is: Tusla, Child and Family Agency who financially supports the service activities on an annual basis.

ABOUT TUSLA

On the 1st of January 2014, the Child and Family Agency became an independent legal entity, comprising HSE Children and Family Services, the Family Support Agency and the National Educational Welfare Board as well as incorporating some psychological services and a range of services responding to domestic, sexual and gender-based violence.

The Child and Family Agency is now the dedicated State agency responsible for improving wellbeing and outcomes for children. It represents the most comprehensive reform of child protection, early intervention and family support services ever undertaken in Ireland.

The Agency operates under the Child and Family Agency Act 2013, a progressive piece of legislation with children at its heart and families viewed as the foundation of a strong health community where children can flourish. Partnership and co-operation in the delivery seamless services to children and families are also central to the Act.

IMPORTANT FUNDERS WHO SUPPORTED RCNE IN 2020

- RTE Comic Relief Fund - Community Foundation
- American Ireland
- Paypal
- National Lottery
- The Courts
- Dundalk Credit Union
- Local Councillors
- Tesco Community
- Rotary Club
- The Great Northern Distillery
- The Generosity of the Public at large

Fundraising Activities

Each year RCNE organises a series of annual events in order to raise much needed funds for the centre. Our annual core events for 2020 where all unfortunately cancelled due to the Covid-19 Pandemic.

To all our Funders & Supporters



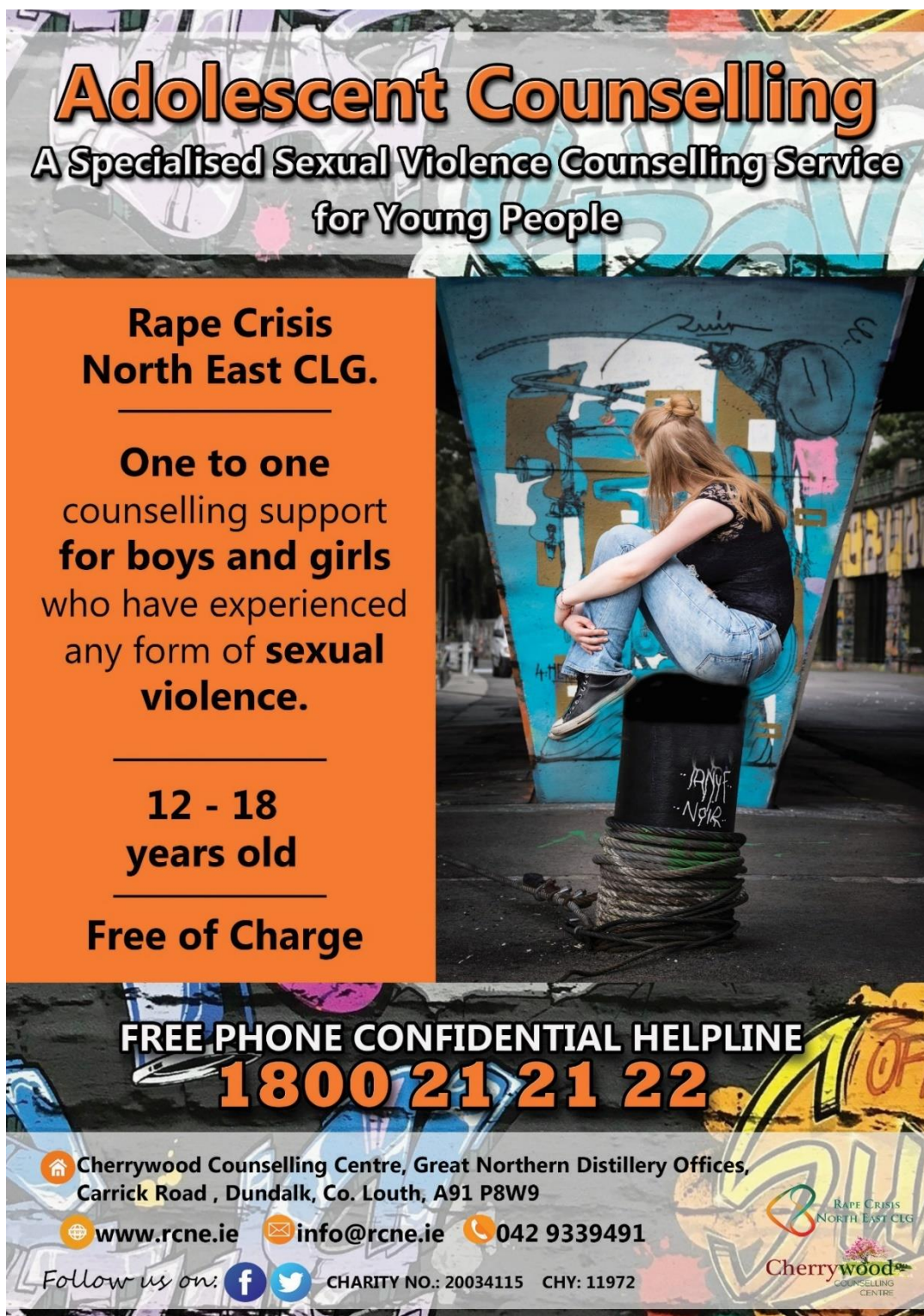
SOCIAL MEDIA AND AWARENESS RAISING ACTIVITIES

Today's climate of internet popularity enables us to reach out to more people and allows us to better serve our clients. It enables us to make information easily available to our clients about the centre and the services available. We use social media platforms such as Facebook, Instagram and through our website: www.rcne.ie.

Awareness raising is on-going through local media such as Dundalk FM, LMFM, Northern Sound and a number of other radio stations. Press releases in local, regional and national newspapers are on-going.

AWARENESS RAISING ACTIVITIES

In 2020, RCNE continued their awareness raising campaign to highlight the importance of Rape Crisis North East services to our clients and to promote the work of the counsellors, staff and volunteers who work for the centre.



Adolescent Counselling

A Specialised Sexual Violence Counselling Service for Young People

**Rape Crisis
North East CLG.**

One to one
counselling support
for boys and girls
who have experienced
any form of **sexual
violence.**

**12 - 18
years old**

Free of Charge

FREE PHONE CONFIDENTIAL HELPLINE
1800 21 21 22

Cherrywood Counselling Centre, Great Northern Distillery Offices,
Carrick Road, Dundalk, Co. Louth, A91 P8W9

www.rcne.ie info@rcne.ie 042 9339491

Follow us on: [f](#) [t](#) CHARITY NO.: 20034115 CHY: 11972

Cherrywood
COUNSELLING
CENTRE

Meeting with Minister Helen McEntee Constituency Meath East

Rape Crisis Network Ireland Director Dr. Cliona Sadleir and Rape Crisis North East Manager, Grace McArdle met with Minister Helen McEntee on Tuesday 28th July 2020 in Dublin Government Buildings. The purpose of the meeting was to brief the Minister on a range of issues that fall under her remit.

- (1) The audit of how responsibility for domestic, sexual and gender-based violence is segmented across different government agencies and in developing proposals on what infrastructure is needed to ensure the issue is dealt with in the most effective manner possible.
- (2) Criminal legislation on sexual offences, protective measures for victims of sexual crime and the monitoring of sex offenders.



Minister Helen McEntee confirmed that there will be no budget cuts to Rape Crisis Centres in 2021.

Committee Membership

- Rape Crisis Network Ireland - Chairperson
- European Women's Network – Member
- Simon Women's Aid – Director
- Manuela Riedo – Member
- Boarder Needs Analysis Project - Member

GOVERNANCE

Company and Charity Registration

Rape Crisis North East is registered with Charities Regulatory Authorities 20034115.
Charity Number 11972.

Rape Crisis North East is a company limited by guarantee and not having a share capital, registered CRO 247807.

Rape Crisis North East complies with the standards contained in the Charity Regulatory Authorities Organisations on Fundraising from the Public.

The Governance Code

RCNE is signed up to the 'Governance Code', a code of practice for good governance of community, voluntary and charitable organisations in Ireland. The Governance Code Compliance document was agreed by the board at the board meeting on 5th May 2020.

"We confirm that our organisation complies with The Governance Code for the Community, Voluntary and Charitable Sector in Ireland".

Board Meetings 2020

21st January 2020

25th February 2020

5th May 2020

9th June 2020

21st July 2020

21st July 2020 AGM

15th September 2020

20th October 2020

24th November 2020

16th December 2020





**Rape Crisis North East CLG.
Great Northern Distillery
Carrick Road
Dundalk
Co. Louth
A91 FEA4.**

Phone: 00353 42 9339491

Email: info@rcne.ie

Website: www.rcne.ie



Freephone Confidential Helpline Number: 1800 21 21 22



CHY: 11972

Registered Charity Number: 20034115



An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



The
Governance Code

A Journey to Success

Based in Dundalk, Castleblayney and Drogheda. Covering Louth,
Meath, Monaghan, Cavan and surrounding areas.

Freephone Confidential Helpline:
1800 21 21 22

Be Heard
www.rcne.ie

Charity No. 11972
Registered Charity
Number: 20034115

